



An Initiative

*Touch Your Soul*

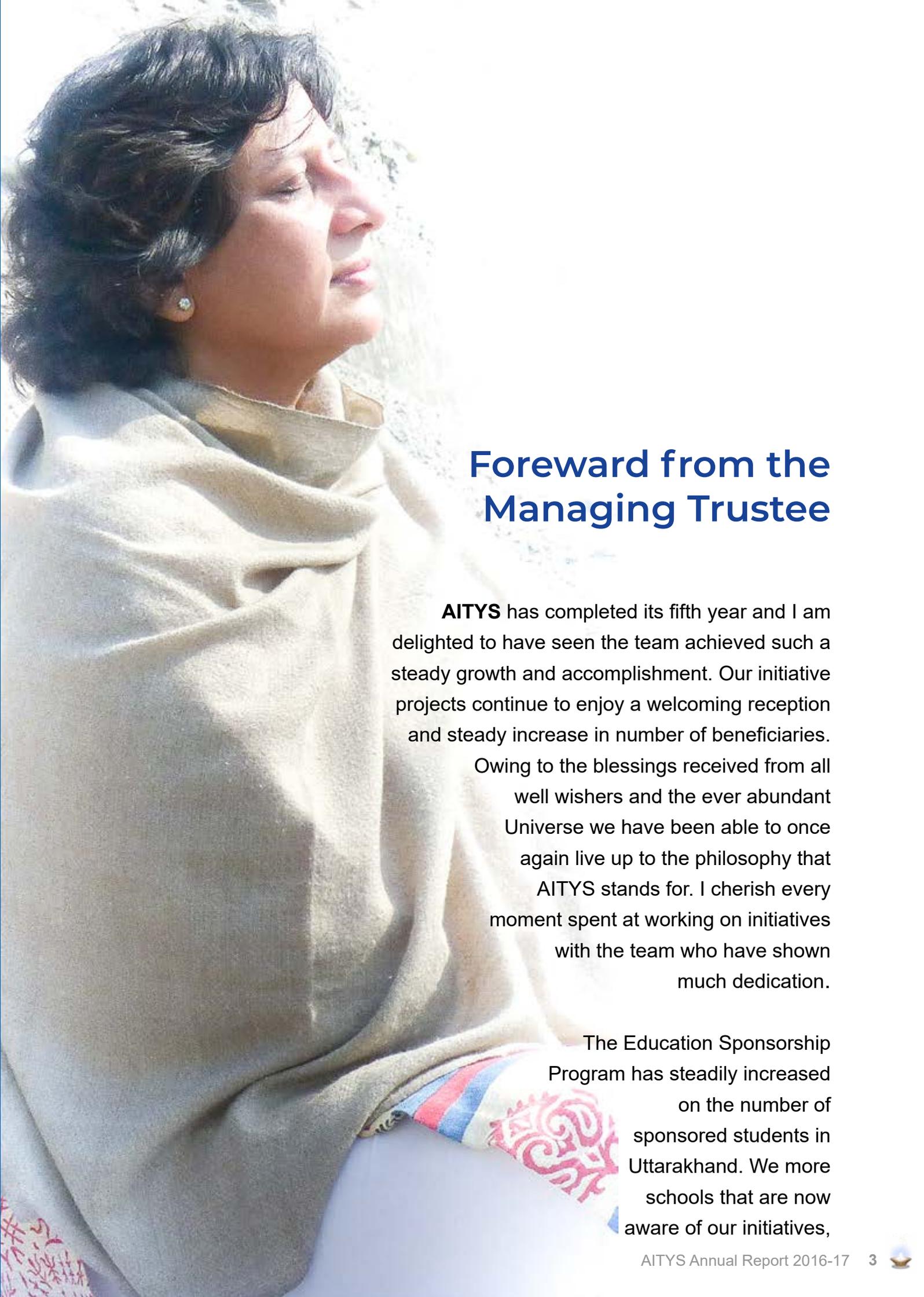
# Annual Report 2016-17

[www.aitys.in](http://www.aitys.in)



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## Foreward from the Managing Trustee

**AITYS** has completed its fifth year and I am delighted to have seen the team achieved such a steady growth and accomplishment. Our initiative projects continue to enjoy a welcoming reception and steady increase in number of beneficiaries.

Owing to the blessings received from all well wishers and the ever abundant Universe we have been able to once again live up to the philosophy that **AITYS** stands for. I cherish every moment spent at working on initiatives with the team who have shown much dedication.

The Education Sponsorship Program has steadily increased on the number of sponsored students in Uttarakhand. We more schools that are now aware of our initiatives,



even they have approached us seeking assistance in improving their infrastructure setup. We continue to enjoy and witness a wonderful response from the schools' administration staff. School principals, headmasters, administrators and other staff members have voiced their concerns which require funding and support.

Meanwhile the medical camps continue to see a healthy inflow of beneficiaries who belong to all age groups. The primary focus still remains on medical concerns such as common ailments, deworming, joint aches, fever etc. The villagers of Pauri Garhwal continue to act as AITYS messengers by helping spread the word of each medical camp. The continuous hard work of every AITYS volunteer combined with the blessings of the villagers continues to strengthen our foundation.

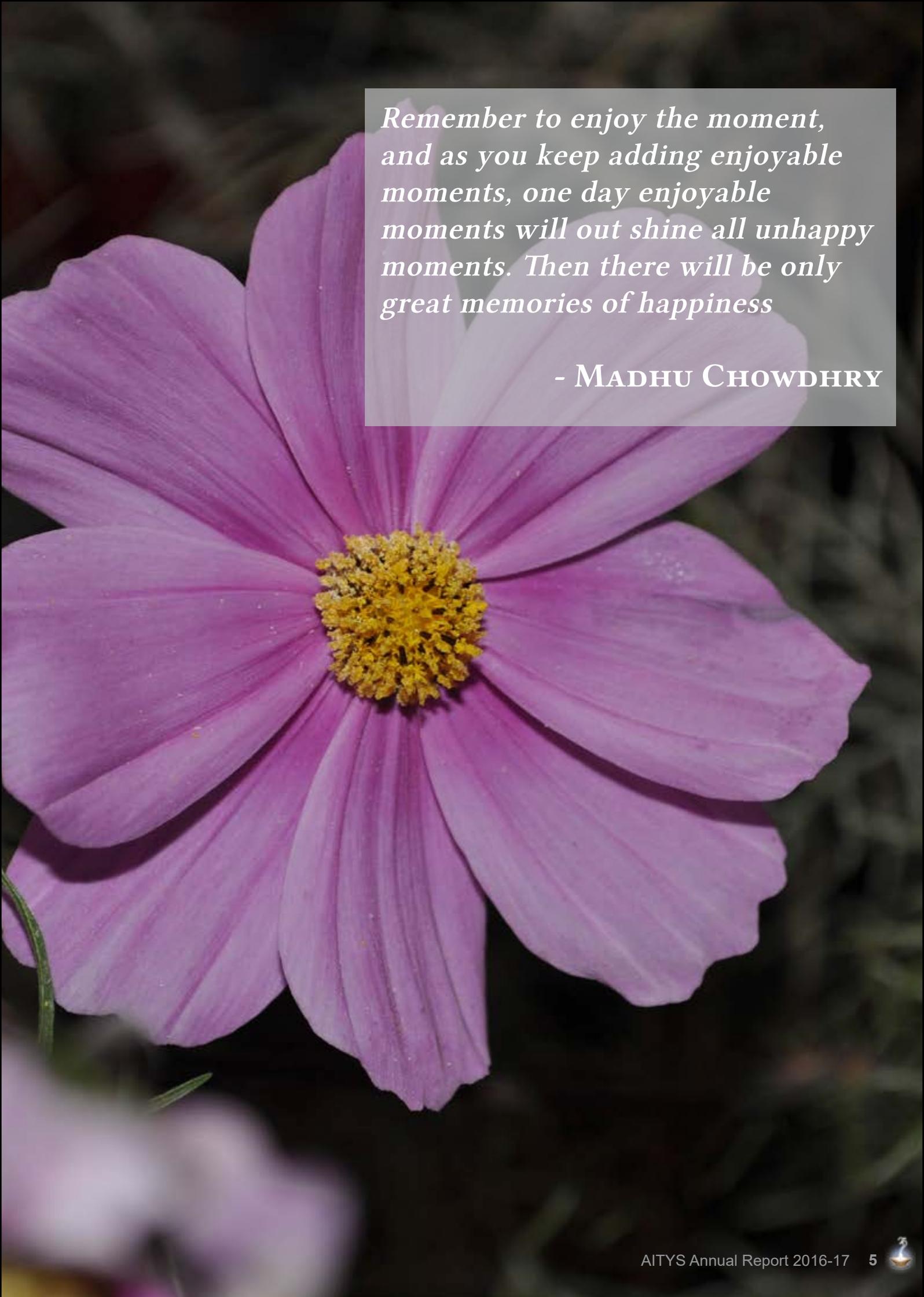
As always, the limited yet generous contribution of our sponsors has made all this achievable. With the restricted source of funds we have kept our focus limited to the region of Pauri Garhwal and based the medical camps to specific schools throughout the year.

We thank all our sponsors who have helped us this far in this short yet impactful journey.

AITYS and I also thank its board members, donors and well wishers for the continued support.

**Madhu Chowdhry**  
Managing Trustee





*Remember to enjoy the moment,  
and as you keep adding enjoyable  
moments, one day enjoyable  
moments will out shine all unhappy  
moments. Then there will be only  
great memories of happiness*

**- MADHU CHOWDHRY**



# About An Initiative- Touch Your Soul

**An Initiative Touch Your Soul (AITYS)**, a Charitable Trust registered with the Government of India, evolved from Madhu Chowdhry's spiritual work and workshops ([www.touchyoursoul.in](http://www.touchyoursoul.in)). The objective being to help the underprivileged and work towards providing them with a better life through education and health care.

## Vision

No one should be deprived of basic necessities because of poverty or lack of opportunities.

## Mission

To inspire hope and help the underprivileged living the rural State of Uttarakhand to achieve their true potential.





# Transforming Lives in Uttarakhand

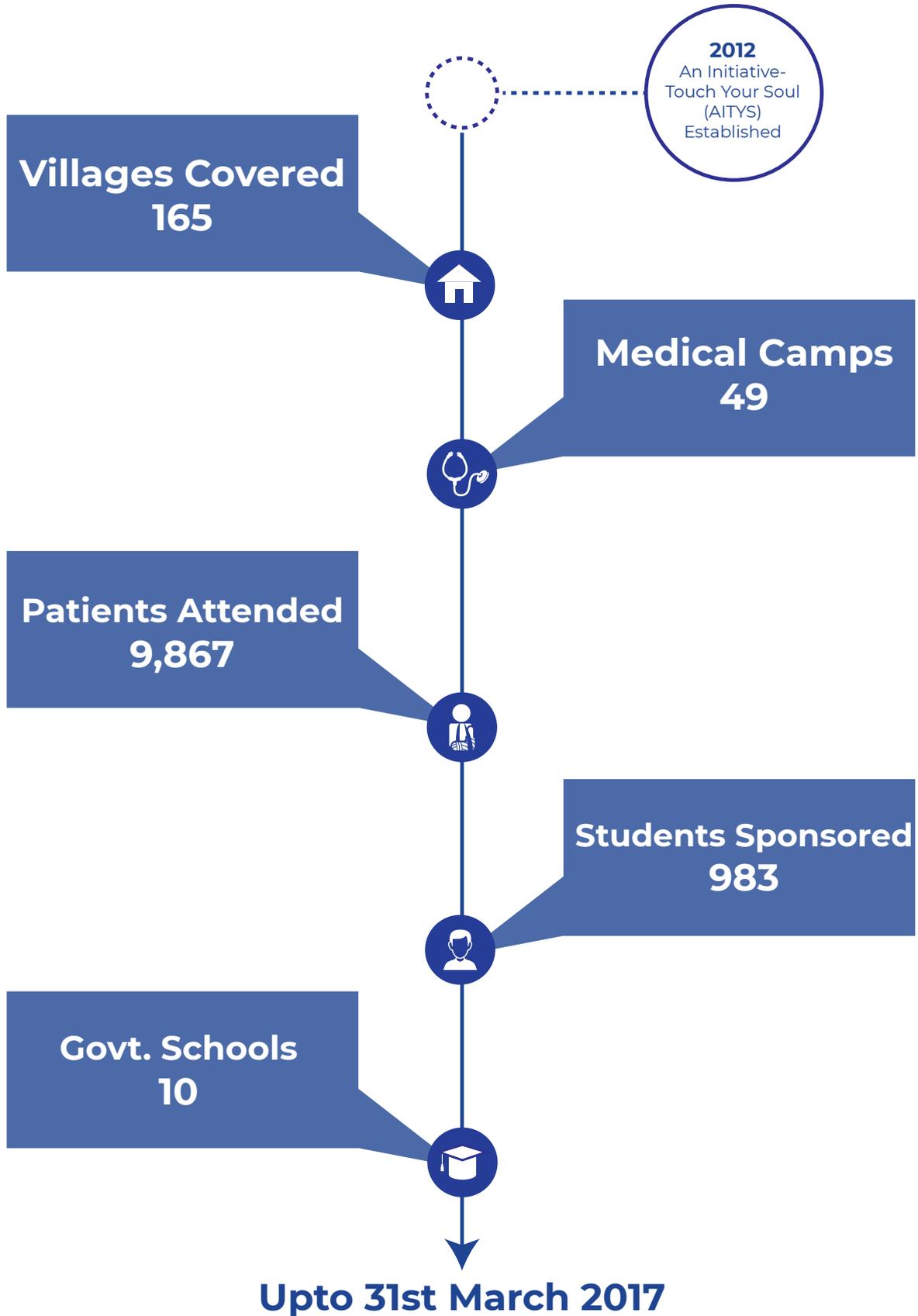


# Area of Operation



Located partly in the Gangetic plain and partly in the northern Himalayas, Pauri Garhwal district encompasses an area of 5,230 square kilometers in the northern state of Uttarakhand, India. AITYS area of operation has its epicentre in the area between Devprayag and Pauri.

# Achievements since 2012



# Medical Camps





The focus has remained on helping the underprivileged villagers in the remote regions of Uttarakhand where basic medical assistance is scarcely available. We continue to check on the basic concerns the villagers face in this region. Villagers still seek assistance for basic medical assistance and while they may be glad to see us visit them, they always look out for more help. And that is why AITYS is working hard at collecting funds for increasing the number of medical camps and medical supplies.

With each passing day, we pray to the Universe for its abundance and guidance to make our endeavors turn into reality. To make sure the medical camps happen properly, the government schools in Uttarakhand continue to help us by allowing to use their premises. It allows AITYS team to meet with not just the children, but also their families and many other villagers. While we have been showered with blessings for having extended the help, we are again reminded of the grave conditions these villagers have to face daily.

***“We conduct an average of 12 medical camps per year”***



During 2016 - 2017, we held 9 medical camps spread across multiple days. Reduction in medical camps this past year has been primarily to arrange for funds.

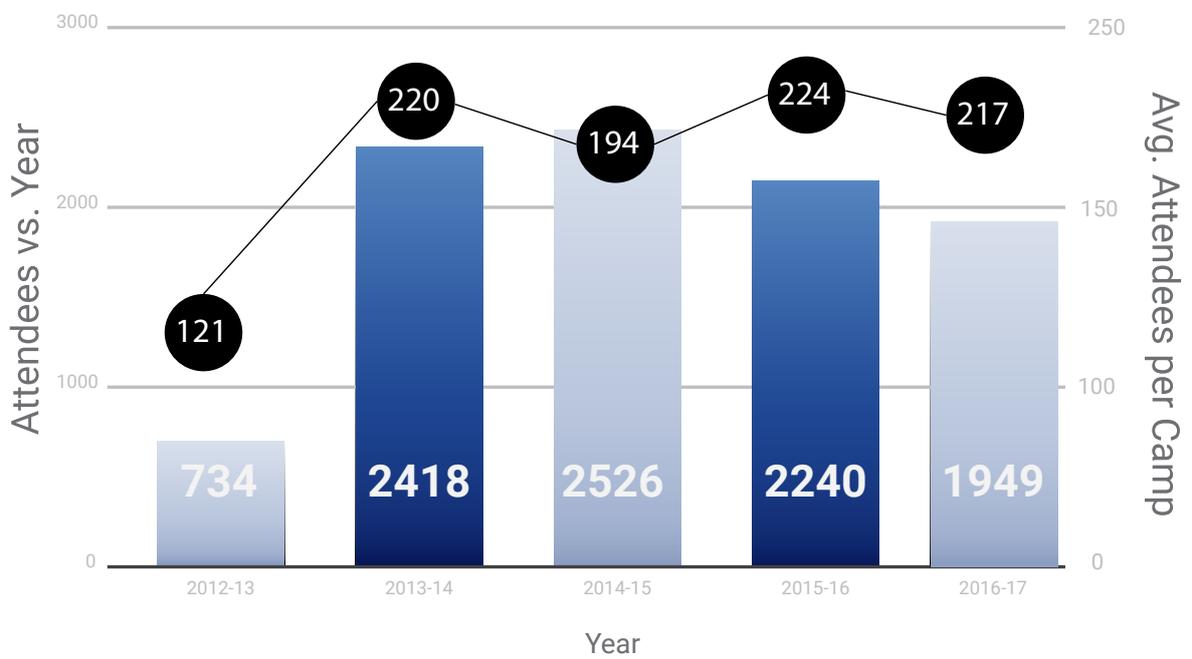
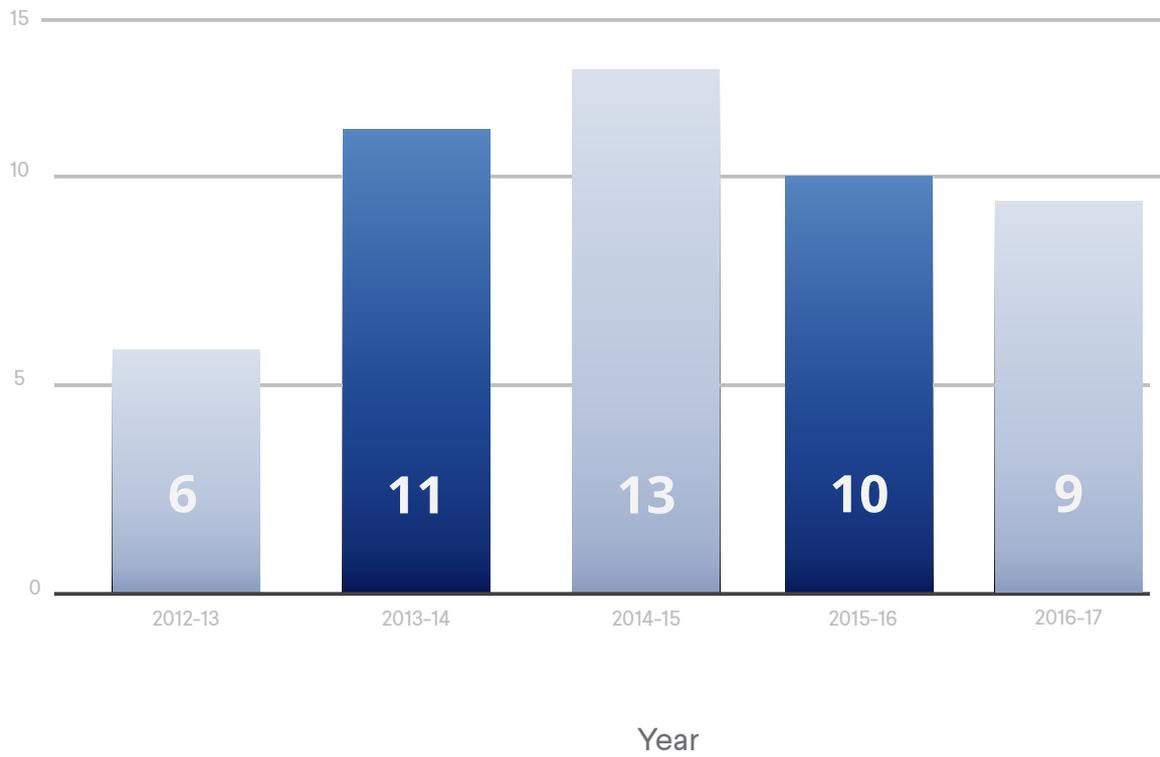
## Medical Camps 2016-17

S.No.	Dates	Location (Villages/Area)	Attendees
1	23 Apr 2016	G.I.C. Saddarkhal	212
2	24 Apr 2016	Vyas Ghat Chakki Area	193
3	12 Jun 2016	ADJ. Badkal Flyover Slums, Faridabad	98
4	02 Sep 2016	G.I.C. Sabdarkhal	253
5	03 Sep 2016	Danda Nagraj Temple	328
6	02 Dec 2016	G.I.C. Dondal	222
7	03 Dec 2016	Vyas Ghat Chakki Area	169
8	26 Feb 2017	Salda Village Area	302
9	27 Feb 2017	G.I.C. Gindwara	190

Table 1



## Medical Camps vs. Year

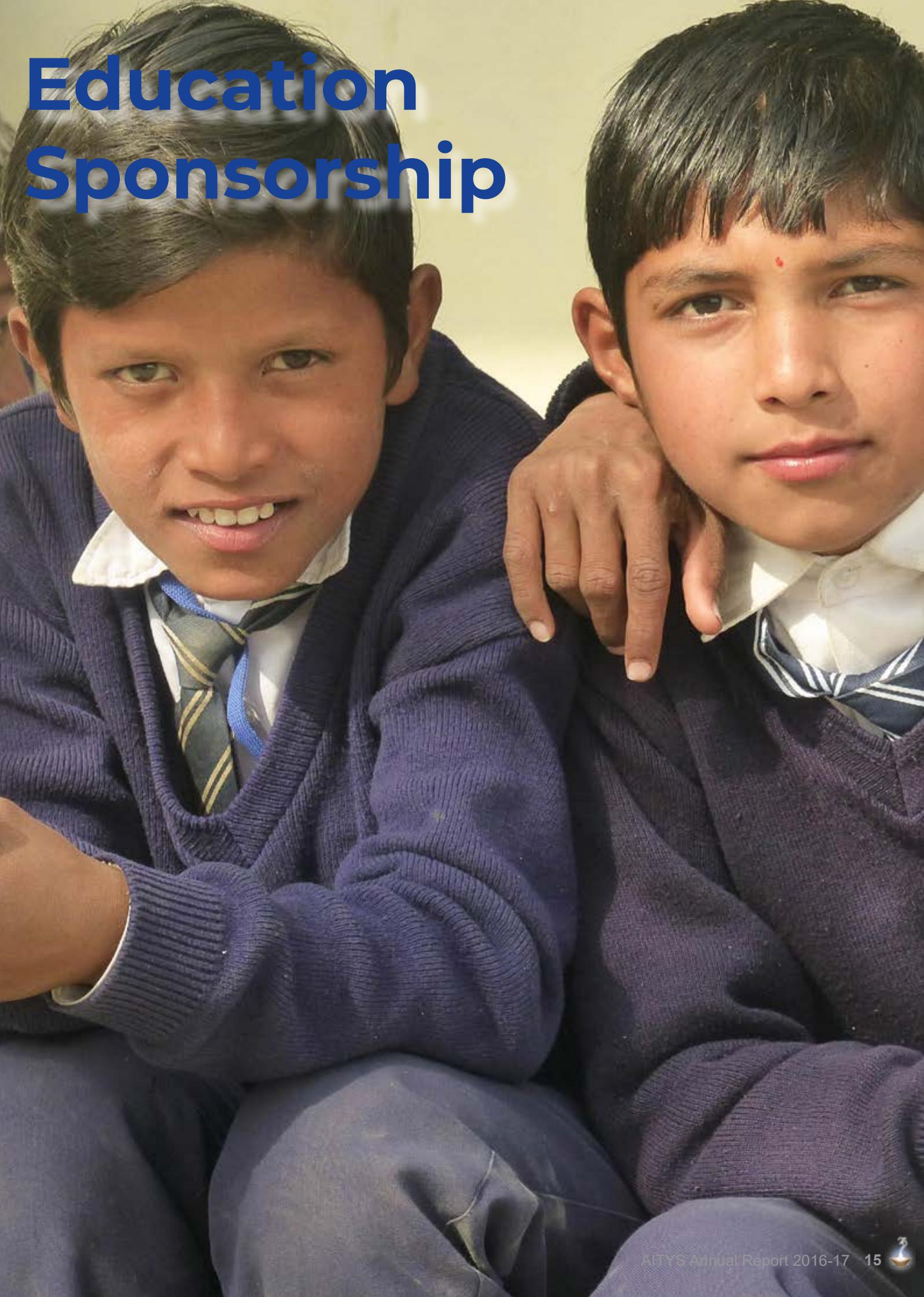


## Highlights

- Consultation with Doctors and free distribution of non-prescription medicines
- Camp dates communicated well in advance by putting up posters/ banners in the area and informing village heads
- Number of people seeking medical attention and advice are steadily & continuously increasing and there are frequent requests for additional camps at other locations.
- Conducting regular camps in rural schools for the benefit of students

## Future Plans

- Continue to work towards holding regular camps at varied locations to serve a larger population on rotation basis
- Consult with villagers on the dates and location of each camp as per their requirements



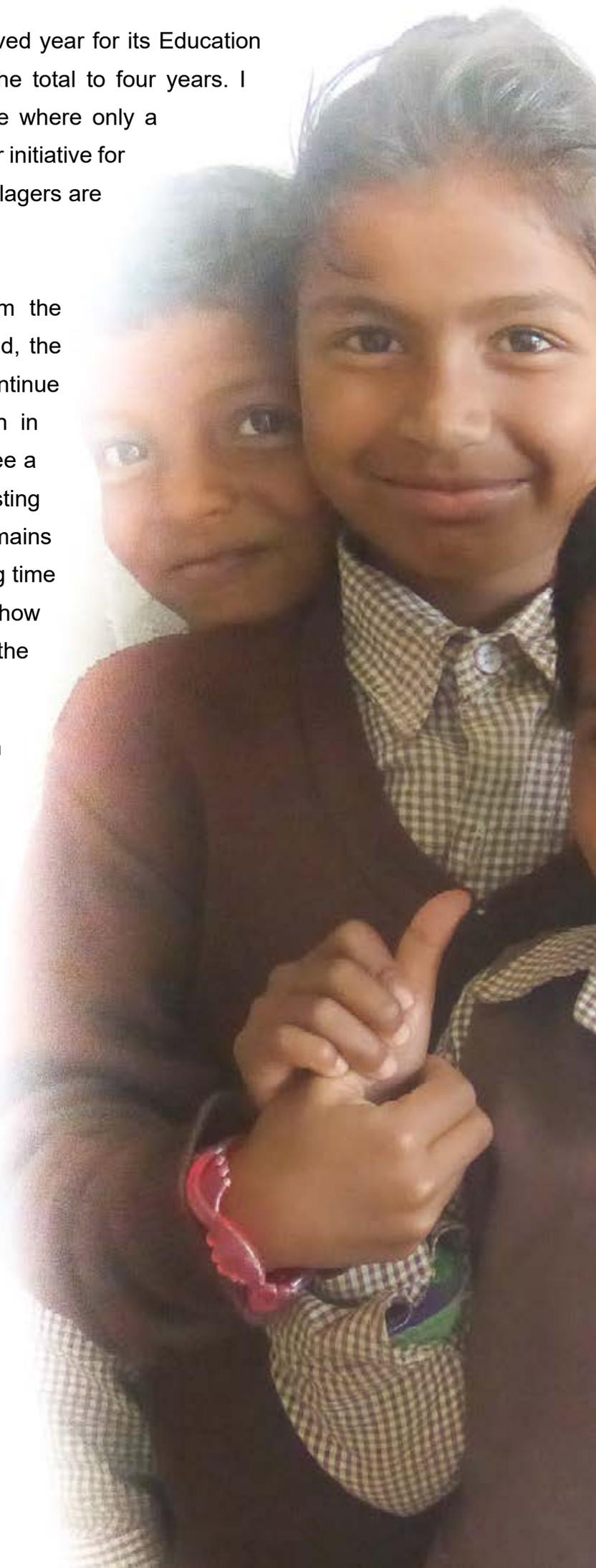
# Education Sponsorship

AITYS has completed another well deserved year for its Education Sponsorship Program which completes the total to four years. I am humbled to recollect the first instance where only a handful of cheques were distributed. As our initiative for sponsoring children grows bigger, more villagers are now approaching us for assistance.

While they may have surfaced out from the damage of the 2013 floods in Uttarakhand, the limited and seasonal means of income continue to hinder the children's higher education in the region. It is still a common scene to see a helpless child stand with his family requesting for monetary assistance. The concern remains that this scenario will not change for a long time to come. Therefore AITYS does realize how important it is to continue working on the Education Sponsorship Program.

The following programs were running in 2016-17 :

1. **EDU-01** – For those affected by floods and other needy families
2. **EDU-02 (Project 6400)** – For children in classes 9th - 12th in Village Government High Schools whose families need financial help.
3. **EDU-03** – For a selected few who need economic help for their college education, vocational training, women doing B.Ed. etc.



We continue to apply the strict economic and academic criteria, to ensure, that only those who are both deserving and needy are sponsored.

As our experience grows at managing this program, we observe that the time spent on the administrative activities by our team of volunteers has increased sufficiently. Documentation is of utmost importance to ensure every penny donated is managed properly and efficiently.

We see ourselves actively and continuously expanding the Education Sponsorship Program in scope and numbers, in the coming years. The trustees and volunteers are continuously making efforts to collect additional funds through donations to help accomplish our objectives.

We are now co-ordinating and interacting with the staff of 10 Govt. inter colleges. This has helped identify a larger number of deserving students, and applications are vetted and endorsed by the school. Importantly, we have also begun to become aware of the areas where the schools need assistance so that they can improve the quality of education and overall development of the students.

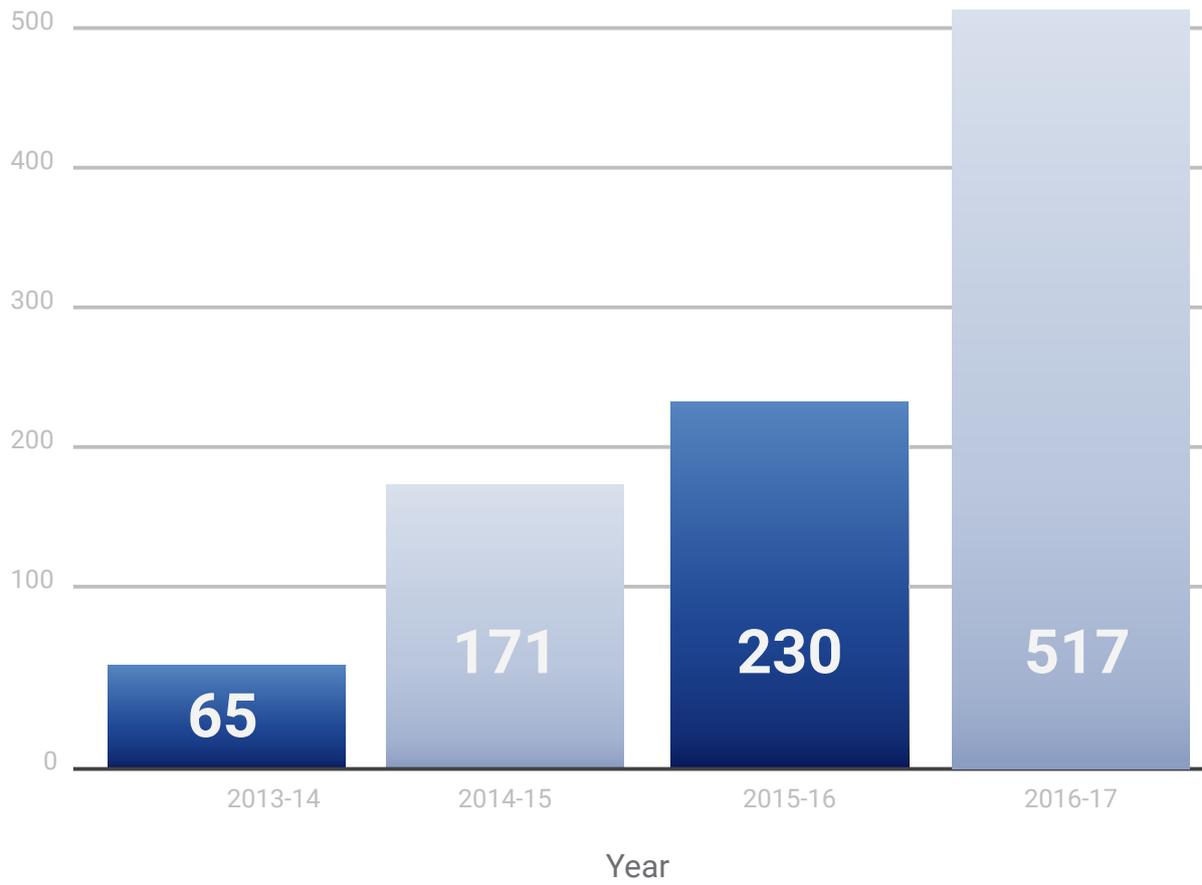


**Total number of students sponsored in the Academic Year 2016-17**

S.No.	Program	Students
1	EDU-01	28
2	EDU-02	469
3	EDU-03	20

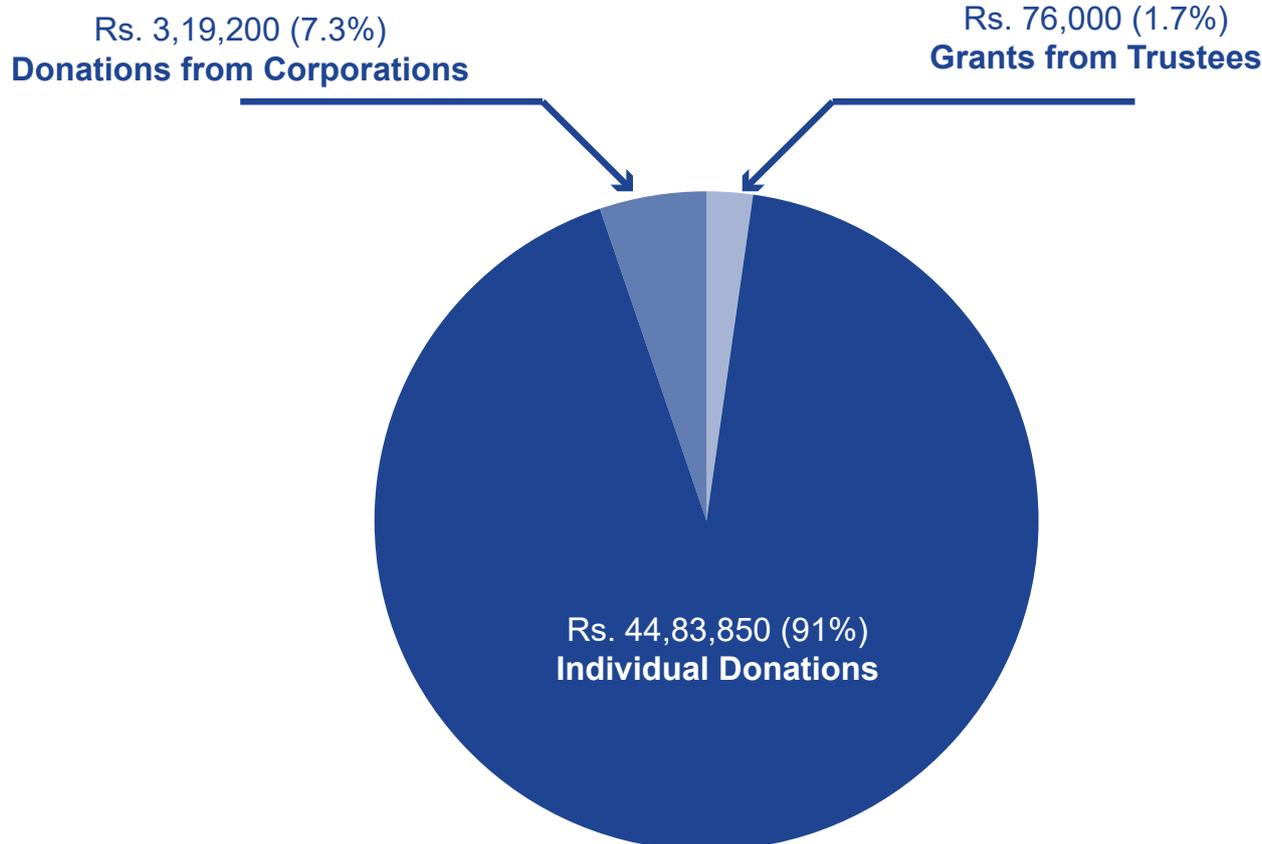
**“125% Increase from previous year.”**

## Students Sponsored vs. Year



# Volunteers & Donors





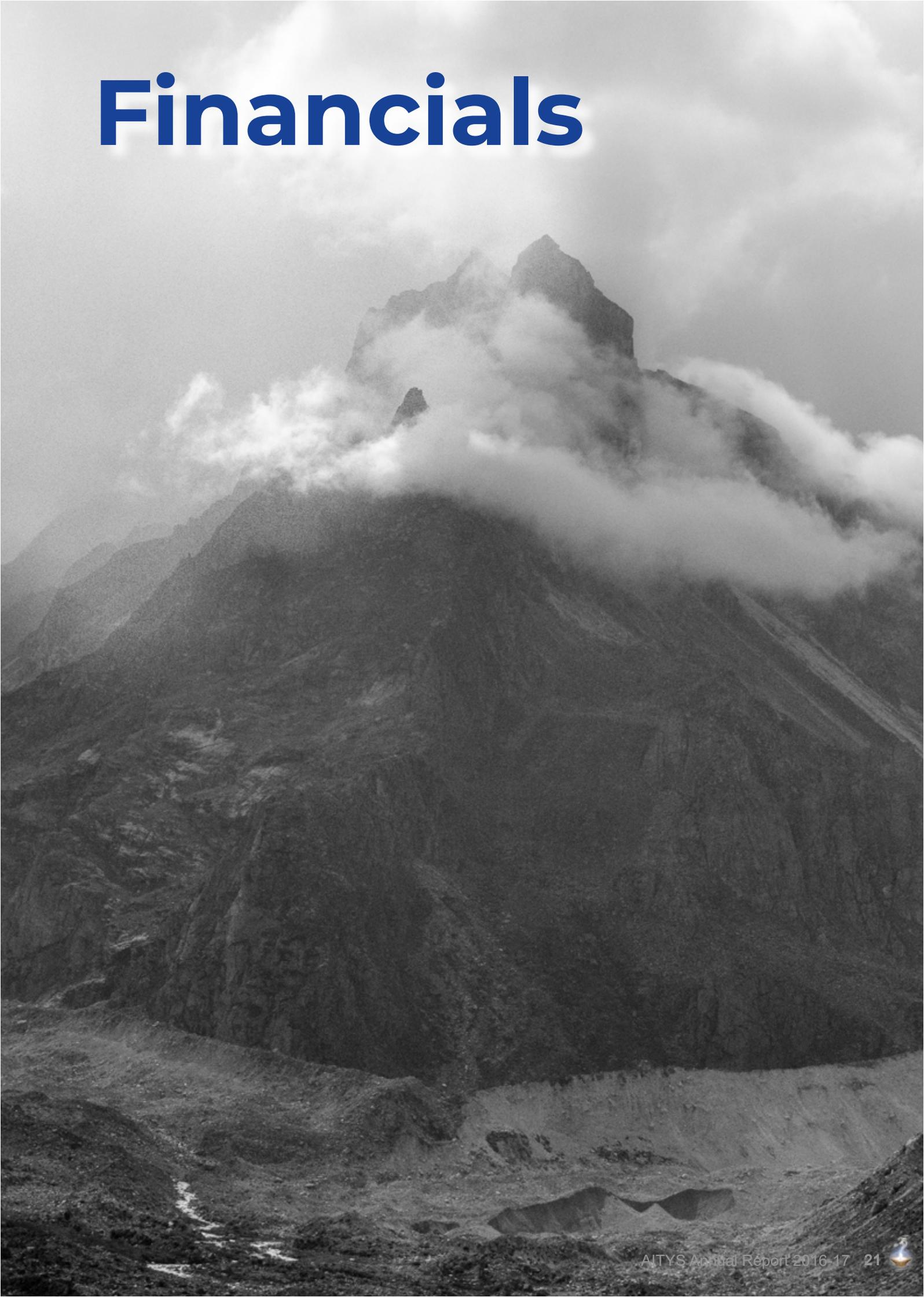
Last year was a challenging one for fund-raising. Donations were about one-third lower than the previous year. Grants by funding agencies stopped completely on account of their own compulsions. We had already been reaching out to extended family and friends in the last couple of years, this source of funding also started slackening. Our efforts in tapping CSR funds has yet not borne fruit as most corporations seemed to be focusing on government initiatives or prefer to bring about change in the vicinity of their own factories and not in a remote, unrelated, area of Uttarakhand.

This paucity of funds for our initiatives made us dig into our meagre corpus so that running projects would not suffer and continuity would be ensured. Importantly, it has also made us rethink, our entire approach towards fund-raising. We now understand what corporations and trusts are looking for and hence we need to take a different approach, if we want to tap them for funds. We hope that our efforts in this direction will show results in the next year's funding efforts.

Donors are acknowledged on our website [www.tys.co.in](http://www.tys.co.in).

We currently do not provide the exact figure donated by any donor as we believe that no donation is big or small and each individual, given their own constraints, gives what they can. All donations are accepted with immense gratitude.

# Financials



# Credibility & Transparency

Payments to Trustees			
Name	Designation	Amount	Remarks
-- NIL --	-- NIL --	-- NIL --	-- NIL --

Payments to Other Staff/Volunteers			
Name	Designation	Amount	Remarks
-- NIL --	-- NIL --	-- NIL --	-- NIL --

No one receives any salary or other payments. Certain expenses incurred by villagers in helping organize our medical camps are reimbursed. Some of these expenses are recurring.

## Board Members

A.I.T.Y.S. Board Members	
Chairperson	Mrs. Madhu Chowdhry
Treasurer	Mrs. Shamita Sharma
Secretary	Ms. Manisha Chowdhry



## INDEPENDENT AUDITOR'S REPORT

**TO THE MEMBERS OF  
AN INITIATIVE – TOUCH YOUR SOUL  
New Delhi**

We have audited the accompanying financial statements of **AN INITIATIVE – TOUCH YOUR SOUL** which comprise the Balance Sheet as at March 31, 2017, Income and Expenditure Account and Receipts and Payments Account for the year then ended, and a summary of significant accounting policies and other explanatory information.

### ***Management's Responsibility for the Financial Statements***

Management is responsible for the preparation of these financial statements that give a true and fair view of the financial position and financial performance of the Association in accordance with the Accounting Standards, to the extent applicable, issued by the Institute of Chartered Accountants of India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and presentations of the financial statements that gives a true and fair view and are free from material misstatement, whether due to fraud or error.

### ***Auditor's Responsibility***

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with the Standards on Auditing issued by the Institute of Chartered Accountants of India. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Association in preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by management, as well as evaluating the overall presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.



## **Opinion**

In our opinion and to the best of our information and according to the explanations given to us, the financial statements subject to Notes to the accounts given in schedule-I give a true and fair view in conformity with the accounting principles generally accepted in India:

- a) In the case of the Balance Sheet, of the state of affairs of the Association Company as at March 31, 2017;
- b) In the case of the Income and Expenditure Account, of the Surplus for the year ended on that date and
- c) in the case of the Receipts and Payments Account, of the receipts and payments of the Trust for the year ended on that date

## **Report on Other Legal and Regulatory Requirements**

1. a) We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purpose of our audit;
- b) In our opinion, proper books of account as required by law have been kept by the Association so far as appears from our examination of those books;
- c) The Balance Sheet, Income and Expenditure Account and Receipts and Payments Account dealt with by this Report are in agreement with the books of account;
- d) In our opinion, the Balance Sheet, Income and Expenditure Account and Receipts and Payments Account comply with the Accounting Standards, to the extent applicable, issued by the Institute of Chartered Accountants of India.

For **KUMAR MITTAL & CO.**

Chartered Accountants

FRN: 010500N



**(Amrish Gupta)**

Partner

M. No. : 090553



Place: New Delhi

Date: 17.10.2017

# AN INITIATIVE - TOUCH YOUR SOUL

97, Mount Kailash, East of Kailash, New Delhi-110065

## BALANCE SHEET AS AT 31ST MARCH 2017

PARTICULARS	As at 31.03.2017 (Rs.)	As at 31.03.2016 (Rs.)
<b>LIABILITIES</b>		
<u>Corpus Fund</u>		
Balance carried forward	1,110,000	1,110,000
Education Support Fund	1,500,000	-
Medical Camps Fund	500,000	-
<u>Current Liabilities &amp; Provisions</u>		
Amounts Payable	35,400	29,075
<u>Excess of Income over Expenditure</u>		
Opening Balance	631,060	520,243
Add:- Surplus for the year	355,454	110,817
<b>TOTAL</b>	<b>4,131,914</b>	<b>1,770,135</b>
<b>ASSETS</b>		
<u>Current Assets, Loans &amp; Advances</u>		
Accrued Interest	154,220	48,235
Recoverable From Revenue Authorities	5,117	2,421
<u>Cash and Bank Balances</u>		
Cash In Hand	1,605	1,252
Cash At Bank	370,972	518,227
Fixed Deposits	3,600,000	1,200,000
<b>TOTAL</b>	<b>4,131,914</b>	<b>1,770,135</b>
	-	-

Significant Accounting Policies and Notes forming an integral part of accounts (**Schedule-I**)

As per our report of even date

For **KUMAR MITTAL & CO.**

Chartered Accountants

**FRN:10500N**

*Amrish Gupta*

**(Amrish Gupta)**

Partner

**M. No.: 090553**



For AN INITIATIVE - TOUCH YOUR SOUL

For An Initiative  
Touch Your Soul

*Shamita Shrivastava*  
Trustee

For An Initiative  
Touch Your Soul

*Shamita Shrivastava*  
Trustee

(Trustees)

Place: New Delhi

Date : 17.10.2017

# AN INITIATIVE - TOUCH YOUR SOUL

97, Mount Kailash, East of Kailash, New Delhi-110065

## INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2017

Particulars	CURRENT YEAR AMOUNT (Rs.)	PREVIOUS YEAR AMOUNT (Rs.)
<b>Income</b>		
Donations	4,504,550	1,365,100
Interest Income	146,185	111,198
<b>Sub Total A</b>	<b>4,650,735</b>	<b>1,476,298</b>
<b>Payments</b>		
<u>Medical Camps</u>		
Medicine Expenses	136,468	148,414
Camp Expenses	144,577	313,852
Fooding Expenses	28,571	41,020
Transport Expenses	168,706	35,000
Printing Expenses	900	5,355
Volunteer Support	48,600	29,200
<u>Education support to poor &amp; orphan students</u>	1,721,945	764,465
<u>Administrative Expenses</u>		
Accounting Charges	17,700	13,800
Courier and Misc. Expense	656	-
Printing & Stationary	9,458	-
Audit Fees	17,700	14,375
<u>Amounts accumulated or set apart</u>		
Education Support Fund	1,500,000	-
Medical Camps Fund	500,000	-
<b>Sub Total B</b>	<b>4,295,281</b>	<b>1,365,481</b>
<b>Surplus for the year (A-B)</b>	<b>355,454</b>	<b>110,817</b>

Significant Accounting Policies and Notes forming an integral parts of accounts (Schedule-I)

As per our report of even date

For **KUMAR MITTAL & CO.**

Chartered Accountants

**FRN:10500N**

*(Signature)*

**(Amrish Gupta)**

Partner

**M. No.: 090553**



**For AN INITIATIVE - TOUCH YOUR SOUL**

For An Initiative  
**Touch Your Soul**

*(Signature)*

Trustee

(Trustees)

For An Initiative  
**Touch Your Soul**

*(Signature)*  
Trustee

Place: New Delhi

Date : 17.10.2017

# AN INITIATIVE - TOUCH YOUR SOUL

97, Mount Kailash, East of Kailash, New Delhi-110065

## RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2017

Particulars	CURRENT YEAR AMOUNT (Rs.)	PREVIOUS YEAR AMOUNT (Rs.)
<u>Opening Balance</u>		
Cash In Hand	1,252	14,569
Cash At Bank	518,227	706,478
Fixed Deposits	1,200,000	900,000
<b>Receipts</b>		
Donations	4,504,550	1,365,100
Interest Income	37,042	97,668
Income tax refund	462	-
<b>Sub Total A</b>	<b>6,261,533</b>	<b>3,083,815</b>
<b>Payments</b>		
<u>Medical Camps</u>		
Medicine Expenses	136,468	148,414
Camp Expenses	144,577	313,852
Fooding Expenses	28,571	41,020
Transport Expenses	168,706	35,000
Printing Expenses	900	5,355
Volunteer Support	48,600	29,200
<u>Education support to poor &amp; orphan students</u>	1,721,945	763,565
<u>Administrative Expenses</u>		
Accounting charges	13,800	13,680
Courier and Misc. Expense	1,556	-
Printing & Stationary	9,458	-
Audit Fees	14,375	14,250
<b>Sub Total B</b>	<b>2,288,956</b>	<b>1,364,336</b>
<b>Closing Balance (A-B)</b>	<b>3,972,577</b>	<b>1,719,479</b>
<b>Represented by</b>		
Cash In Hand	1,605	1,252
Cash At Bank	370,972	518,227
Fixed Deposits	3,600,000	1,200,000

Significant Accounting Policies and Notes forming an integral parts of accounts (Schedule-I)

As per our report of even date

For **KUMAR MITTAL & CO.**

Chartered Accountants

FRN:10500N

(Amrish Gupta)

Partner

M. No.: 090553



For AN INITIATIVE - TOUCH YOUR SOUL

For An Initiative  
Touch Your Soul

*Amrinder*  
Trustee

(Trustees)

For An Initiative  
Touch Your Soul

*Manish*  
Trustee

Trustee

Place: New Delhi

Date : 17.10.2017

**An Initiative – Touch Your Soul**  
97, Mount Kailash, East of Kailash, New Delhi-110065

**SIGNIFICANT ACCOUNTING POLICIES AND NOTES FORMING AN INTEGRAL PART OF ACCOUNTS FOR THE YEAR ENDED ON 31<sup>ST</sup> MARCH 2017.**

**A. SIGNIFICANT ACCOUNTING POLICIES**

1. The accounts are prepared on historical cost basis as a 'Going Concern'. Donations are accounted for on receipt basis and payments are accounted for on accrual basis except otherwise stated, following generally accepted accounting principles and practices and Accounting Standards issued by the Institute of Chartered Accountants of India for NGOs, wherever applicable.
2. Fixed Assets acquired / received in kind are directly charged to expenses accounts.
3. Fixed Assets are stated as under:
  - a) Assets directly acquired – at purchase cost less accumulated depreciation.
  - b) Assets received in kind – at stated / estimated cost less accumulated depreciation.
4. Depreciation on fixed assets is provided as per written down value method as per the rates prescribed in Income Tax Act, 1961.

**B. NOTES TO ACCOUNTS**

1. The medicines and other related items acquired are charged directly to the expenses since as per the organisation, the same are for free distribution and not to be sold hence has no value for them.
2. There are no payments made to trustees as remuneration or otherwise except travel, boarding and lodging expenses in attending the day to day affairs and medical camps etc.
3. There are no employees in the organisation hence the provision of Gratuity is not applicable to the organisation and accordingly no amount has been provided for the leave encashment.
4. Rs.1,39,372/- has been accumulated in the financial year 2015-16 under clause (2) of the Explanation to section 11(1) of the Income Tax Act,1961, has been utilized in the year 2016-17.
5. A sum of Rs. 15,00,000 & Rs.5,00,000 has been accumulated towards "EDUCATION SUPPORT FUND" & "MEDICAL CAMP FUND" respectively under section 11(2) of the Income Tax Act 1961.
6. There is no contingent liability as on 31<sup>st</sup> March, 2017.

For **KUMAR MITTAL & CO.**

Chartered Accountants

**FRN: 010500N**

  
**(Amrish Gupta)**

Partner

**M. No. 090553**



For **AN INITIATIVE – TOUCH YOUR SOUL**

For An Initiative  
**Touch Your Soul**

  
Trustee

(Trustees)

For An Initiative  
**Touch Your Soul**

  
Trustee

**FORM ITR-V**

**INDIAN INCOME TAX RETURN VERIFICATION FORM**

Assessment Year

**2017-18**

[Where the data of the Return of Income in Form ITR-1 (SAHAJ), ITR-2, ITR-3, ITR-4(SUGAM), ITR-5, ITR-7 transmitted electronically without digital signature] .

(Please see Rule 12 of the Income-tax Rules, 1962)

PERSONAL INFORMATION AND THE DATE OF ELECTRONIC TRANSMISSION

Name AN INITIATIVE TOUCH YOUR SOUL		PAN AADTA7458H	
Flat/Door/Block No 97	Name Of Premises/Building/Village		Form No. which has been electronically transmitted ITR-7
Road/Street/Post Office MOUNT KAILASH	Area/Locality EAST OF KAILASH		
Town/City/District NEW DELHI	State DELHI	Pin/Zip Code 110065	Status AOP/BOI
Designation of AO (Ward / Circle) WARD EXEMPT 2(3) DELHI		Original or Revised ORIGINAL	
E-filing Acknowledgement Number 280344520311017		Date(DD-MM-YYYY) 31-10-2017	

COMPUTATION OF INCOME AND TAX THEREON

1	Gross Total Income	1	0
2	Deductions under Chapter-VI-A	2	0
3	Total Income	3	0
a	Current Year loss, if any	3a	0
4	Net Tax Payable	4	0
5	Interest Payable	5	0
6	Total Tax and Interest Payable	6	0
7	Taxes Paid		
a	Advance Tax	7a	0
b	TDS	7b	3158
c	TCS	7c	0
d	Self Assessment Tax	7d	0
e	Total Taxes Paid (7a+7b+7c+7d)	7e	3158
8	Tax Payable (6-7e)	8	0
9	Refund (7e-6)	9	3158
10	Exempt Income	10	0
	Agriculture		0
	Others		0

**VERIFICATION**

I, MADHU CHOWDHRY son/ daughter of TIRLOKI NATH BHARGAV, holding Permanent Account Number AAIPC0091R solemnly declare to the best of my knowledge and belief, the information given in the return and the schedules thereto which have been transmitted electronically by me vide acknowledgement number mentioned above is correct and complete and that the amount of total income and other particulars shown therein are truly stated and are in accordance with the provisions of the Income-tax Act, 1961, in respect of income chargeable to income-tax for the previous year relevant to the assessment year 2017-18. I further declare that I am making this return in my capacity as SETTLOR TRUSTEE Touch Your Soul and I am also competent to make this return and verify it.

Sign here Madhu Choudhry Date 31-10-2017 Place NEW DELHI

Trustee

If the return has been prepared by a Tax Return Preparer (TRP) give further details as below:

Identification No. of TRP	Name of TRP	Counter Signature of TRP

For Office Use Only  
Receipt No Filed from IP address 49.207.70.184

Date  
Seal and signature of receiving official



AADTA7458H072803445203110172D9C3BE20B8BF5EDDF3551C55BE57D857888D359

Please send the duly signed Form ITR-V to "Centralized Processing Centre, Income Tax Department, Bengaluru 560500", by **ORDINARY POST OR SPEED POST ONLY**, within 120 days from date of transmitting the data electronically. Form ITR-V shall not be received in any other office of the Income-tax Department or in any other manner. The confirmation of receipt of this Form ITR-V at ITD-CPC will be sent to the e-mail address kumarmittalco@gmail.com

# Reach Us

Address	97, Mount Kailash East of Kailash New Delhi - 110 065
Email	<a href="mailto:contact@aitys.in">contact@aitys.in</a>
Website	<a href="http://www.aitys.in">www.aitys.in</a>
Facebook	<a href="http://www.facebook.com/groups/tysininitiative/">www.facebook.com/groups/tysininitiative/</a>